



## Climbing Module Overview

### 1.1. Introduction

This module will help you to:

- Develop a better understanding of how to deliver inclusive outdoor activities
- Build on your existing coaching knowledge, skills and experience
- Create practical solutions to overcome barriers and perceived problems.

The course addresses the needs of National Governing Bodies for outdoor activities and sports, trusts, organisations and local authorities delivering outdoor education as well as individual activity centres, coaches and instructors.

### 1.2. Objectives

- To evaluate your current practice and resources and develop strategies to deal with the foreseeable needs of your clients in a supported environment
- To provide instructor/staff training to ensure that instructors/coaches are able to operate in an inclusive manner
- To facilitate the development of skills to provide inclusive activities to all your clients in a competent and confident manner
- To help instructors/coaches broaden their current practice
- To help instructors/coaches develop imaginative solutions to inclusive practice for daily use.

### 1.3. Course Content

Using the common language and principles identified in the Foundation module. It explores planning, preparation, environment, equipment and performance related issues of climbing and rope based activities. Practical activities create 'hands on' opportunities to investigate topics such as selecting the best venue, differentiated activities, support and management, rigging, adapting equipment and using specialist equipment.

### 1.4. Who Should Attend

The course explores the most common scenarios encountered on an activity session and is therefore aimed at people who currently run climbing and abseiling activities. In addition the course will be of value to technical experts, and policy design makers aiming at implementing safe and inclusive practices.

### 1.5. Duration

One-day module

### 1.6. Follow-up

For leaders, coaches, instructors - see Procedures Modules. Get on line with [www.equaladventure.co.uk](http://www.equaladventure.co.uk) and use the resources to continue to develop your inclusive practice.

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