



Foundation Module Overview

1.1. Introduction

The Foundation course provides the pre-requisite for all of the other modules. This one day practical training module will allow staff to:

- Understand disability and inclusion related issues
- Understand the needs of disabled people when accessing facilities or opportunities
- Take access and equity issues out of the 'too-hard-to-handle basket' and give you tools and confidence to work in a more inclusive manner
- Better understand the legal requirements of the Disability Discrimination Act

1.2. Objectives

- To evaluate your current understanding and experience of disability and build a framework for its development
- To identify and understand barriers facing disabled people when accessing facilities or opportunities
- To develop a common understanding of equity issues with your colleagues/peers and a common language to work with
- To explore individual and/or organisational action plans for further development
- How the Disability Discrimination Act affects your working practices and how to use it as an opportunity for development
- To provide you with a common language and a basic understanding of EAT's principles of inclusive practice

1.3. Course Content

This one day class room based course highlights inclusion and diversity issues, social trends and barriers to participation. We look at how to use your existing knowledge to best effect to develop a more inclusive practice and a practical understanding of how people differ.

1.4. Who Should Attend

This is an awareness level course. The course is designed for all staff and/or management of organisations who wish to gain understanding of disability and lead to a 'can do' approach to inclusive practice. The broader the range of staff who attend, the more inclusive your activities and services will become.

1.5. Duration

One-day

1.6. Follow Up

Use the EAT Practice Modules to apply the principles of this course on your activities. Use the links page on the EA website to help you develop your understanding of the broader issues surrounding access and inclusion. See www.equaladventure.co.uk.

Equal Adventure Developments Ltd.
A'chaoruinn, Finlarig Rd, Dulnain Bridge, Morayshire. PH26 3NU
Tel: +44 (0) 1479 861200. Fax: +44 (0) 1479 780538
Email: equal@equaladventure.co.uk

www.equaladventure.co.uk



Foundation Course Programme and Details

A typical programme for the day:

- 9.30 Welcome and Introductions
Key Principles to Inclusive Practice
- 10.30 *Break*
Access and Barriers
- 12.30 *Lunch*
The DDA and You
Communication
- 15.30 *Break*
People a Functional Approach
Functional Planning
Review and What Next
- 16.30 End

Location

We can come to your site or arrange to conduct the training in convenient facilities.

1.7. Access

Please let us know if you have any specific access requirement that will support your participation at a particular site.

1.8. Catering

During breaks we can arrange for refreshments to be provided as appropriate, this will be reflected in the price. Information on any particular dietary requirements will be requested in advance.

Participation and clothing

The day focuses on using short practical exercises to explore issues of inclusion and access. Exercises have been developed to be able to be run from a classroom environment although there is scope to run a number of exercises outdoors, weather depending. With respect to this it is advisable to bring clothing that is comfortable, informal and suitable for working outdoors around the grounds of the venue.

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Pre-course Questionnaire

Before attending our training course we would like to gain a little information about yourself, interests and experiences; this will enable us to make the most out of your training. If you could kindly answer these few questions, it would be greatly appreciated.

Please go over the page if you require further space.

1. Can you tell us a little about yourself?

2. What are your reasons for attending this particular course?

3. What have you done in the past? (this may be similar courses or activities)

4. What is it that you are hoping to gain from this course?

5. Do you have any educational or practical needs which we need to know about, to help you learn?

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