



# Booking Form

## Intervention Inclusion Statement

Intervention aims to make our courses open to as many people as possible, regardless of disability or support needs. We therefore require participants to be forthcoming and clear about their needs. This enables us to plan and structure our activities and support appropriately. Our staff team consist primarily of enthusiastic volunteers working alongside qualified coaches, but without medical specialism. We therefore cannot guarantee that all our activities, locations, accommodation etc. will be suitable for everyone.

Intervention reserves the right to make decisions about individual's involvement on particular courses or parts thereof. We will always make these decisions in consultation with the individual(s) concerned. If you have particular needs or concerns please discuss them with us at your earliest possible opportunity and we will do everything we can to accommodate you.

Trip title:	
Trip date:	

Please complete one form for each person you are booking.

Names:		
Address:		
Phone:		
Email:		

What sports equipment and/or specialist equipment are you bringing with you (and for who)? (eg handcycle, wheelchair, mountain bike, kayak)

What method of transport are you using to get to the group meeting point?  
(Do you require any assistance?)

Any dietary requests? (vegetarian, gluten free etc)

Any other information we might need to know when booking accommodation or transport?



Are you happy for us to put your contact details on our group mailing list? Y/N

*All intervention trips aim to use fully accessible facilities. However it is helpful for us to know your particular needs to ensure this. Continue overleaf if necessary.*

***Please return to event organiser***

***Also complete Health Form below***



## Health Form

*To be completed by **every** person attending the trip. This form will be held by the allocated First Aider throughout the trip. It will be viewed by Intervention staff only and will remain confidential to the team. If anything changes between completing the form and attending the trip, please inform the First Aider.*

Trip title/date:

*Contacts:*

Your name:

Address:

Date of birth:

GP details:

Next of kin to be contacted in the event of emergency:

*If you answer yes to any of the following questions, please give details, thanks.*

Are you currently taking any medication?

Do you have any allergies to chemicals, drugs/medication, rubber/latex or foods eg. nuts, fruits, sea fish?



***Health form continued...***

Do you have any personal or family history of eczema, asthma or hay fever?

Have you ever experienced any medical conditions relating to exertion or stress eg. asthma, high blood pressure, angina, epilepsy, blackouts, low blood sugar?

Do you exercise regularly?

Do you have any other medical conditions?

Are you pregnant?

Have you had a booster Tetanus vaccination in the last 10 years?

Are you registered disabled?

Is there anything else you feel we should know?

***Please return to event organiser***